



ACTO News - December 2022

President's Message

As 2022 draws to a close and one reflects on the year gone by, there is plenty to be thankful about and honour. We @ ACTO are grateful for your continued association, partnership and contribution to making ACTO what it is. In the years to come, we welcome your active participation and shaping the narrative around coach education and coach training. As the field of coaching is evolving, so is the way coach education is imparted, and as members @ ACTO, there is a great opportunity to participate, shape and influence the narrative as well as offer innovations within the coach training world. We welcome you to join us in one of the ACTO committees or [write to us](#) with your ideas. The ACTO board is committed to bring a powerful idea each year that has the potential to transform coach training and impact coaching and our planet. Join us, co-create with us!

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Ethics in Coach Training

With this edition of the newsletter, we begin a series on exploring and working with different Ethical dilemmas. While there has been a great focus on ethics in coaching, there is an urgent need for coach educators and coach trainers to invest in a dialogue and shared learning around ethics and ethical dilemma(s) in coach education and coach training. The ACTO ethics committee has done extensive work on ethical aspects of coach education and training, which we will be showcasing over the next few months.

As coach trainers, we do encounter the following ethical challenges as well as polarities while fulfilling our purpose.

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Podcast Introduction

We are delighted to introduce a new channel for communicating and collaborating across vibrant, diverse and innovative membership community @ ACTO. Jude Richardson will be hosting and producing regular podcasts featuring ACTO member schools and coach educators. The podcast series will explore emergent themes and challenges in coach training, personal journey and reflections and how to bring greater hope, joy and connection in the world through coaching and coach training. Watch out for our communication on the launch of the podcast channel. We would welcome you to join us and share your thoughts. Do write into conversacionesclaras@gmail.com should you be interested in featuring in one.

As Jude shares 'I am passionate about supporting authentic voices offer their wisdom to the world. Stepping into an equitable world where power is shared and co-created for the greater good is essential work for this decade. The dream is to bring joy, wholeness and healing to this work. ...Come as you are, let us grow together.'

Innovations in Coach Training: Breathwork and its Importance in Coach Training

Our recent [forums](#) @ ACTO have featured speakers and presenters who have guided us through the power of breathwork and how it supports building great presence and coaching. Amongst the many innovations that are being introduced in coach education, an important aspect is breathwork and deepening awareness in the present moment through breathwork.

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ACTO Announcements

- [Next Spanish Forum: January 18, 2023](#) El Coaching Energético: Explorando una nueva dimensión con nuestros clientes
- [Next English Forum: January 25, 2023](#) Overcoming The Impostor: Silence Your Inner Critic and Lead with Confidence
- [ACTO Coach Training Scholarships](#): Application opens Jan 1, 2023

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