



The community for professionals who bring coach training to aspiring coaches around the world

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ACTO News - Connecting Coach Trainers Worldwide

August 2020

Newsletter available in Spanish
Boletín disponible en español

For Spanish language version, [click here](#).
Para la versión en español, haga [clíc aquí](#).

President's message

The global impact of our prolonged health crisis ebbs and flows. Many of us did not expect that we would still be in the midst of it in August and do our best to turn off the news as reporters look ahead to the "prognosis" for the fall. Instead we can choose to take a deep breath and focus on our responsibility to keep our clients, students and businesses afloat. Not quite a Herculean task, but close.

What I noticed during this "age of COVID" is that it is important to be more purposeful with my self-care and encourage the same of my students and clients. I now consider mindfulness a superpower that each of us can manifest and employ.

Ask yourself:

- How am I coping with social distancing?
- What strategies help me to find joy and connection each and every day?
- Who can I contact to discuss my professional concerns that have arisen during the all-virtual transition?
- What do my students and faculty need now that they may not have needed in the past?
- What's the best course of action to take in supporting students and faculty while remaining within the ethical and professional boundaries of coach education?

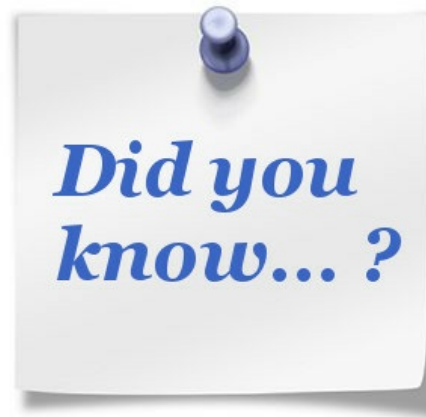


While our answers may vary, our ACTO bond is steadfast. We are ACTO members, colleagues and friends, providing social connection and resources to support one

another and our schools. According to a [2019 article](#) posted by the Canadian Mental Health Association (CMHA), "connecting with others is more **important** than you might think. Social **connection** can lower anxiety and depression, help us regulate our emotions, lead to higher self-esteem and empathy, and actually improve our immune systems."

The 2020 ACTO Virtual Conference connected us globally and as a result of the conference, ACTO has attracted volunteers who are eager to make new social connections while helping to reimagine coach education through a social justice lens. Could you find joy and connection as an ACTO volunteer? Or would you like to connect with another ACTO member one-on-one to chat about what's happening in your world right now? Our doors are open and I look forward to creating a meaningful connection with you. Please send me a note at president@actoonline.org.

With Gratitude,
Jodi



ACTO Board News!

In July, the ACTO Board voted to add two interim board members to serve out the terms amicably vacated at the end of year one of a two-year term. We welcome Johan van Bavel and Bill Pullen to the ACTO Board of Directors and look forward to working with each of them over the next year.



Bill Pullen: Bill Pullen is President of BPA Coaching and Consulting and Program Director of the Leadership Coaching Program at Georgetown University. Prior to joining the faculty at the Leadership Coaching Program at Georgetown University Bill was Director of Training at the Leadership Coaching for Organizational Performance at George Mason University.
[READ FULL BIO](#)

Johan van Bavel: Years ago I graduated as a bachelor in Human Resources. After that I started my career at the Royal Military Academy as an HR-assistant. 15 years ago I started my company in Coaching and Training,



Intention Center for Leadership and Coaching. I developed a Coach Training Program which is accredited by ICF with ACTP.

[READ FULL BIO](#)

On **Thursday, August 27** all ACTO Member Organizations and Individual Members will receive an online ballot to vote to fill two 2-year board seats open since last summer. **All ballots must be completed by Tuesday September 1** . All members received an announcement on Monday which included details about our candidates. Please watch your inboxes on Thursday, August 27 for your ballot and [VOTE](#).

State of ACTO Finances

In accordance with the ACTO Bylaws, members are to receive an annual financial report from the [Board of Directors](#). Our fiscal year is the calendar year and we are sharing the 2019 Profit & Loss statement with you in the Member area of the website. Transparency, honesty and trust are paramount in our work as a board and as an organization and welcome your questions and comments.

To access the statement, [log in](#) to the ACTO website, go to the Members Only area (under Membership) and click the Resources Page.

August English Forum

Topic: Embracing supervision as a core component of your coach training program *This forum is FREE for members. Members must login to access the Member Registration link. CCE approval pending.*



Presenter: Dr. Hélène Seiler

Date: August 26, 2020, 8AM PDT/11AM EDT

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September English Forum

Topic: Trauma-Informed Coaching: What is it and why does it need to be included in coach training programs? *This forum is FREE for members. Members must login to access the Member Registration link. CCE approval pending.*

Presenter: Nancy Forrester, MBA, B.Ed., B.Sc.

Date: September 23, 2020, 8AM PDT/11AM EDT

REGISTER NOW

September Spanish Forum

Tema: Coaching y Cultura: Unidad a partir de la Diversidad con el Marco de Orientaciones Culturales (COF™) de Philippe Rosinski - apalancar diferencias culturales - *GRATIS para los miembros y no miembros. CCE approval pending.*

Presentador: Tessa Brijs

Fecha: 16 de septiembre de 2020, 3pm CEST/9am EDT

Regístrate ahora

Committee Volunteers Needed

The following ACTO Committees are in need of additional volunteers:

- Education/Research - this includes the conference committee
- Marketing/Membership - help us get the word out about ACTO and support our members

Please consider supporting ACTO for a few hours each month. Contact us at acto@actoonline.org.

[Visit us online](#)
