

The community for professionals who bring coach training to aspiring coaches around the world

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October 2019

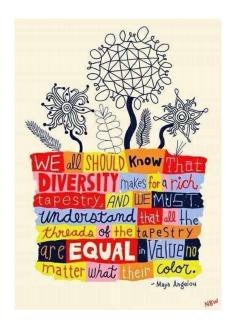
Newsletter available in Spanish Boletín disponible en español

For Spanish language version, <u>click here</u>. Para la versión en español, haga <u>clic aquí</u>.

President's message

At the 2019 ACTO Conference, our presenters shared their wisdom about diversity, equity, inclusion and belonging to open our eyes and expand our awareness as coach trainers, coaches and, most importantly, as human beings. Attendees were both excited and overwhelmed, wanting to jump into action, while realizing that they need to learn more about themselves before making changes with their teams and to their curriculum.

We are all at different levels of understanding, and acceptance, of the crucial work to be done around DEI issues, including white privilege, power dynamics, racism, sexism and implicit bias. The list could fill volumes. "Where do we begin?" was a question that resonated for many.



In search of answers, the ACTO Board has decided that the place to begin is with ourselves. Self-work is a cornerstone to introducing new and sensitive topics to our teams, our students and our clients.

What is our shared language?
What needs to change - in ourselves and in our lives?
How do we work effectively as a team of diverse and inclusive humans?
What can we do to model best practices for our member schools?

To dig deeper and continue our journey, the ACTO Board has selected a team of consultants as our Board Coaches to help facilitate our process of self-work and team work. Our goal is to model the experience for member schools and support each of you on your journey. We will also work together to develop a multi-year vision for ACTO to promote quality coach education which embodies the ACTO Stand for Diversity, Inclusion and & Belonging.

How will you embark upon, or continue, your self work? What suggestions and stories are you willing to share with ACTO members? Please email me at president@actoonline.org. I look forward to your insight and questions.

With gratitude, Jodi

There Is Still Time!! 2019 ACTO Conference Recordings.

If you are looking for a place to start with Diversity, Equity & Inclusion personally, or in your school, watching some or all of the 2019 ACTO Conference session recordings is a great place to start. The Conference, *The Human Tapestry:* Challenge, Illuminate, Celebrate, was groundbreaking in many ways. Be a part of it. Take a look or purchase the recordings here: (\$199 USD, English and Spanish captions): https://vimeo.com/ondemand/actoconference2019.

November English Forum

Topic: Updates from the ICF This forum is FREE for members. Members must login to access the Member Registration link CCE approval pending

Presenters: Sara Smith, MCC; Vice Chair, ICF
Global Board of Directors and Carrie Abner, ICF Director of Credentialing and Accreditation.

Date: Nov 20, 2019, 8AM PST/11AM EST

Join the ACTO forum on November 20 to discuss updates from the ICF with Sara Smith, MCC; Vice Chair, ICF Global Board of Directors and Carrie Abner, ICF Director of Credentialing and Accreditation.



November Spanish Forum

Tema: Coaching en movimiento. El arte de acompañar - GRATIS para los miembros y no miembros. CCE approval pending.

Presentador: MARIA JESUS ZEA MONTERO . PCC, ORSC y CBC

Fecha: 20 de noviembre de 2019, 3pm CET/9am EST

Cuando integramos el movimiento en el coaching nos damos la oportunidad de

in-corporar el aprendizaje a través del cuerpo, las emociones y los pensamientos, generando transformaciones sostenibles en el tiempo.

¿Para que despertar la conciencia del movimiento en nuestros clientes y en nosotros mismos? ¿Dónde comienza el movimiento durante el proceso de coaching?¿Al servicio de que o quien está tu movimiento, tu cuerpo?

Los procesos de coaching combinados con el movimiento esencial nos sumergen en

la profundidad del aprendizaje y nos permiten disolver quiebres y explorar hábitos que nos llevan a diseñar una nueva ruta llena de posibilidades para el coachee.

Invitaremos a los profesionales a distinguir el poder del movimiento en los procesos de acompañamiento a través del diseño de algunos mapas corporales que nos facilitan el camino. Los objetivos que abordaremos:

- * Facilitar el camino que permite conectar con el cuerpo y la emocionalidad en la práctica de coacing
- * Aprender del cuerpo y del movimiento del coach como facilitador del proceso
- * Aprender estrategias para disolver quiebres y generar compromisos
- * Aprender de la escucha silenciosa y descubrir la sabiduría del cuerpo
- * Diseñar y atestiguar el proceso de encuentro con el ser integrado tu ser coach

Registrate ahora

ACTO Scholarship Committee Newsflash

The ACTO Scholarship application process will open on January 1, 2020 and close on April 1, 2020. Watch for a detailed email from the <u>ACTO Scholarship</u> <u>Committee</u>.

2020 ACTO Conference Registration is OPEN!

REGISTER NOW



Sign Up before December 31 and include your conference fee with your 2019 business expenses!

See you in Alexandria, VA June 8-10, 2020

JOIN ACTO

Ready to become an ACTO member or renew a lapsed membership?

Join us in making a difference!

JOIN ACTO NOW

Learn more at: www.actoonline.org

Visit us online