

## WORKSHEET: EXPLORING THESE CONTEXTS



### Observe:

1. Which of the listening filters/maps do I recognize?
2. Why is this inquiry important as a coach-trainer?

### Reflect on:

1. Body: What feelings, thoughts, emotions, judgements, or opinions are arising?
2. Power: as kept in place with fear, entitlement and lack of accountability.

### Review Set 1: FRAGMENTED VIEW


### Review Set 2: COMPETITIVE VIEW


### Review Set 3: REACTIVE VIEW:


NOTE: For copy of slides, information or any questions, contact Tony Zampella at [info@bhavanalg.com](mailto:info@bhavanalg.com). We will include you as part of our learning community. [www.bhavanalearning.com](http://www.bhavanalearning.com)