

International Association of Coaching (IAC)

The IAC is a global professional organization that feels that attaining coach mastery is a transformative process, and takes life experience, training and education into account when measuring skill levels. IAC defines 9 *Coaching Masteries* that when demonstrated at the appropriate level indicate the coach is high-caliber.

IAC uses Certifications to indicate the skill level of the coach. Applicants start with a Masteries Professional Development Plan, where they identify 2-4 learning objectives and activities that will enhance their coaching skills. Once they have completed the plan, they take an online test based on the 9 IAC Coaching Masteries to measure their understanding of coaching mastery. Once they pass the online test, they are awarded the “Masteries Practitioner” certification. To attain the CMC or MMC, the applicant must pass 2 assessments of recordings of their coaching. The assessment will determine which level the coach applicant has attained.

IAC Certification Requirements

Levels of Certification	Masteries Practitioner	Certified Masteries Coach (CMC)	Master Masteries Coach (MMC)
Minimum Requirements:			
Training Hours	Complete Masteries Professional Development Plan		
Exam	Pass Online Test		
Recordings Assessment		2 Recordings, 30-45 mins, with 2 different clients, plus transcripts	2 Recordings, 30-45 mins, with 2 different clients, plus transcripts
IAC Membership	Required	Required	Required
Previous Certification		Masteries Practitioner	Masteries Practitioner