



FAQ

CDC Certified Divorce Coach® Training and Certification

What are your coach training philosophies?

Our coach training philosophy starts with the 4 cornerstones:

1. **Professional Standards** - We hold people to the same professional standards in our class that we expect them to exhibit with their clients: know your client; clear agreement and role clarification; respect the boundaries of divorce coaching; be aware of the cost/value ratio from the client perspective, defined in the CDC Divorce Coach Ethics and Professional Responsibilities with Clients.
2. **Personal Excellence** – And we expect participants to exhibit being who they are at their best; and using the best practices which are part of the Divorce Coaching CORE Process;
3. **Foundation of Trust** – We strive to build a foundation of trust based on integrity, authenticity, and respect and to provide supportive feedback to strengthen participant skills in our many opportunities for coaching throughout the course.
4. **Generosity of Spirit** – We are available to coach participants through areas where they are stuck or to offer support to them as they work with their first divorce clients or meet with other divorce professionals to build relationships.



We borrow from experts in the field in the realm of emotional intelligence, avoiding decision making pitfalls, conflict awareness and response; self-awareness, brain science, and developing resilience.

We also engage divorce professionals in developing some of the content and providing sessions which address the boundaries between what they do and what divorce coaches can do.

Our coaching mantra is “Trust Yourself, Trust the Client, and Trust the Process”.

What delivery method does your program use?

Webinars are live with access through telephone or computer audio.

Sessions are recorded and can be reviewed, especially because of the coaching practice and feedback sessions in class. Two time options accommodate students in the Asian Countries, Australia/New Zealand and in Europe and South America as well as North America.

How many participants typically attend your program?

The maximum number for each track is 12 participants. The Divorce Coaching Basics may have fewer than 12 students because some students in the Divorce Coaching Advanced Track can use their training to be exempt from the Divorce Coaching Foundations.

What are the foundational core competencies that your program supports?

Our program is based on the 11 core competencies of the ICF and is approved by the ICF for 60 CCEs including 46 core competency hours.

We have also developed the Divorce Coaching CORE Process which incorporates the core competencies and also focuses the divorce coaching in a way that reduces overwhelm so common in divorcing clients.

Who are your students?

Our students include professionals from a variety of backgrounds: trained coaches, divorce attorneys and family mediators, mental health professionals, and other professionals who have some experience in divorce and want to leverage their experience to serve individuals going through divorce.

What philosophy(s) does your program use for the personal development of coaches?

Everyone in the program becomes a product of the process and experiences what the clients will experience. Through exploring conflict, real-life divorce scenarios and writing the divorce story, each coach sees their hot buttons and can practice the same steps that clients practice in managing their reactions.

Through CDC Practice Mentors, Peer Coaching, and In-Class Coaching Practice and Feedback, participants develop the awareness needed for refining their coaching skills.

We also offer a weekly reflection log which is reviewed by the instructors. Acknowledgement is made for growth and when red flags are raised, coaching is offered if the student would find that valuable.

What do you do to support your students to determine the ROI of a coaching relationship?

We encourage coaches to be aware of the Cost/value perspective of the client throughout the process by suggesting types of feedback and measurement of outcomes which might be used by the coach and the client.

What kind of support, if any, does your program offer to your students in developing a coaching business or managing an internal coaching program?

We have experts in marketing and social media deliver divorce coaching practice content and we include the basics of selecting a preferred client, defining what they do as a divorce coach, creating discovery sessions, excellent customer service, and building programs and promoting your programs to clients in our program modules. We also offer as a follow-on option a hands-on series of sessions to master each of these facets of business development.

What, if any, are the prerequisites for a student to enter your program?

Students must have a college degree or equivalent work experience; and for certification provide letters of good moral character.

What else would you like us to know about your program?

Following the program we provide a community of practice through a private LinkedIn group, monthly continuing education programs, and opportunities to have further training as a CORE Process Practice Mentor.

We also have a Find-a-Divorce Coach Directory and opportunity to have a full page profile on our site.

Any questions before, during or after enrollment may be addressed to cdc-registrar@certifieddivorcecoach.com or 813-455-1134.