



**Association of Coach Training Organizations**

*A dynamic community of peers on the leading edge of training excellence and innovation*

**Organization Name:** **UC Davis Extension**

**Website:**

[http://extension.ucdavis.edu/unit/business\\_and\\_management/certificate/coaching\\_for\\_life\\_and\\_work/](http://extension.ucdavis.edu/unit/business_and_management/certificate/coaching_for_life_and_work/)

**Telephone:** 530-757-8895

**Email:** [businessinfo@ucde.ucdavis.edu](mailto:businessinfo@ucde.ucdavis.edu)

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**What specific theorists have contributed to your coach training philosophies?**

**Our director trained at Coach U and was on the ICF Global board. Our focus is fully on the ICF Core competencies .**

**What delivery method does your program use? (e.g.Face to Face, Virtual)**

**All delivery is face to face. We also have a virtual classroom for material and resources.**

**How many participants are in a program?**

**We have up to 18 people per cohort.**

**What are the foundational core competencies that your program supports?**

**All of them.**

**Who are your students?**

**Our students are a combination of those interested in both internal and external coaching. We have those who coach as part of their job, and those who want to open their own coaching business. Many HR and Organizational Development professionals have attended. We have had consultants, retirees and people that have left their corporate jobs to begin coaching. Many are interested in giving back to their communities.**

**What philosophy(s) does your program use for the personal development of coaches?**

**We teach a personal foundation module as part of the course. This includes values, boundaries and standards, as well as coaching the whole person and personal awareness.**

**What do you do to support your students to determine the ROI of a coaching relationship?**

**We focus on client feedback and value. Each client is different and determines their ROI based on a specific set desired outcomes, establishing a clear agreement for the coaching and ensuring consistent check and goal review.**

**We also share all of the statistics and research currently available regarding ROI.**

**What kind of support, if any, does your program offer to your learners in developing a coaching business or managing an internal coaching program?**

Our last class is Establishing Yourself as a Coach. We have a guest speaker that runs a very successful marketing business lead a workshop. In addition, students create plans on how they will coach internally or externally. We offer panels of both internal and external coaches for Q & A.

**What, if any, are the prerequisites for a student to enter your program?**

They must have 5 years professional experience and fill out an application and letter stating why they want to take the coaching class. We have a waiting list for the program and we only accept people that demonstrate commitment to going forward with ICF certification.

**What else do you want us to know about your program?**

The UC Davis brand ensures a closely monitored standard of excellence throughout every aspect of the program. As we are classroom based and only accept 18 students at a time, there are excellent opportunities for practice, networking, and growing relationships. Each cohort is unique and develops a very strong sense of community.

We love our program ☺ and are constantly looking for ways we can best facilitate learning the core competencies, offering even more opportunities for practice and encouraging certification. We offer mentor coaching as a part of the program. We match each student up with a client as they go through the program for experiential learning and opportunity. We are also establishing an Alumni program that will include networking, follow up and training for those who have finished our program.