



Association of Coach Training Organizations

A dynamic community of peers on the leading edge of training excellence and innovation

Leadership that Works, Inc.

Program: Coaching for Transformation (ICF accredited)

www.leadershipthatworks.com

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What specific theorists have contributed to your coach training philosophies?

Chodron, Pema, Cornell, Ann, Wesier, Dass, Ram, Doidge, Norman, Goleman, Daniel, Heider, John, and Lao Tzu, Kabat-Zinn, Jon, Kegan, Robert, and Lisa, Laskow, Lahey, Lo, Tzu, and Brian, Walker, Levine, Peter, A., Markova, Dawna, Nemeth, Maria, Perls, Frederick, Salomon, Pert, Candace B., Plotkin, Bill, and Thomas, Berry, Rogers, Carl R., Rosenberg, Marshall B., Zinn, Jon-Kabat.

What delivery method does your program use?

Face to Face, Virtual

How many participants are in a program?

24 to 36

What are the foundational core competencies that your program supports?

Meeting Ethical Guidelines and Professional Standards of the Coaching Profession. - Creating a Conscious Coaching Relationship - Establishing Trust and Intimacy with Clients - Multi-cultural Awareness - Coaching Presence - Active Listening - Empowering Questions - Direct Communication - Creating Awareness - Using the Wisdom of the Body and Emotions - Designing Actions - Planning and Goal Setting - Managing Progress and Accountability - Foundations in Business Building and Marketing.

Who are your students?

Therapists, Counselors, Teachers, other helping professionals, Healers, Clergy, Business Consultants, Executives, Administrators, Coaches, Entrepreneurs, and a variety of other professionals.

What philosophy(s) does your program use for the personal development of coaches?

The core principles in Question 1 and teachings from theorists in question 2. These are expanded in our textbook: Coaching for Transformation: Igniting Personal and Social Change. We present an approach that focuses on body, mind, and spiritual awareness; using coaching tools and philosophy for both individual and social action.

What do you do to support your students to determine the ROI of a coaching relationship?

Business Foundations teleclasses and face to face class.

What kind of support, if any, does your program offer to your learners in developing a coaching business or managing an internal coaching program?

A daylong on the Foundations of a coaching business and 9 teleclasses focused on these topics.

What, if any, are the prerequisites for a student to enter your program?

No formal prerequisites. We look for enthusiasm and provide one on one sessions to discuss prospective students' questions about coaching, our program, and the fit between our program and who they are and their goals.

What else do you want us to know about your program?

We build strong, dynamic, and diverse learning communities. Our methods of instruction are highly experiential. Our programs are professionally and personally transformational.