

Institute for Life Coach Training

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What specific theorists have contributed to your coach training philosophies?

Carl Rogers, Roberto Assagioli, Robert Kegan, Abraham Maslow and Milton Erickson and Carl Jung among others

What delivery method does your program use?

Virtual

How many participants are in a program?

12-15 in foundational class of 40 hours, then 6-8 in advanced practicums and specialty classes

What are the foundational core competencies that your program supports?

ICF core competencies and those of the Board Certified Coach

Who are your students?

Graduate degreed helping professionals (therapists, counselors, psychologists) as well as teachers, Human resource professionals and in a special program military spouses

What philosophy(s) does your program use for the personal development of coaches?

Our flagship Coaching from the Inside Out is half of our foundational class and focuses on development of the coach. Then subsequent practicum and supervision includes that as well. The better developed the coach the more successful they will be.

What do you do to support your students to determine the ROI of a coaching relationship?

Ask the client and learn from what worked :)) we do give them access to ROI research as well

What kind of support, if any, does your program offer to your learners in developing a coaching business or managing an internal coaching program?

We have basic marketing and then an advanced class in business development. We also provide tools such as website templates, assessments and client journal processes

What, if any, are the prerequisites for a student to enter your program?

Graduate degree or life experience that is suitable for classes with graduate degreed helping professionals

What else do you want us to know about your program?

We have trained students in 6 continents (no one from Antarctica) and focus on mental health professionals who want to add coaching to their business