

The community for professionals who bring coach training to aspiring coaches around the world

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ACTO News - Connecting Coach Trainers Worldwide

September 2020

Newsletter available in Spanish Boletín disponible en español

For Spanish language version, <u>click here</u>. Para la versión en español, haga <u>clic aquí</u>.

President's message

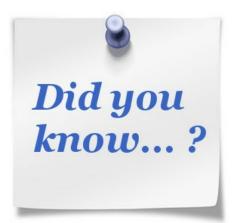
Autumn is upon us in the northern hemisphere while summer has begun in the southern hemisphere. Seasonal polar opposites geographically and connected globally by our love of coaching and the desire to provide excellence in coach training to all of our students. To accomplish this, we need to understand our students. Who are they? What do they want out of their training, their careers and personal lives? What makes them unique-



race, culture, gender preference, neurobiology, life experience?

At ACTO, we are working on several initiatives to bridge gaps in our knowledge so that as coach educators, we can best serve our students and in turn, they can best serve their clients. Please reach out to me at any time to chat, get support and share ideas or concerns. <u>president@actoonline.org</u>.

With gratitude, Jodi Sleeper-Triplett



SEPTEMBER ACTO FORUM: Trauma-Informed Coaching

This week, ACTO will present an English Forum on <u>Trauma-Informed Coaching:</u> <u>What is it and why does it need to be included in coach training programs?</u> This interactive and practical discussion will explore issues of trauma and traumainformed coaching exploring questions such as: How does a client's trauma experience impact success in coaching? What challenges does the coaching field face in moving toward a trauma-informed paradigm?

In addition to these and other topics, facilitator, Nancy Forrester, MBA, B.Ed., B.Sc. will offer some simple, self-applied techniques for nervous system regulation for both coach and client. ACTO Education Co-Chairs Virginia Gonzales-Velez and Jason Veliquette, organized this effort to support those in this time of COVID-19 and racial unrest in the U.S. and abroad. Veliquette shared that this is "all in service of our students and clients. We want to help you and your faculty to be the best."

Remember that ALL ACTO Forums are free for members and member representatives!

ACTO Forms White Affinity Group

The ACTO Board has organized a White Affinity Group (WAG). The year-long group has been formed by our white board members to work together to become aware of the impact of our whiteness. Board member Tony Zampella has worked with ACTO President Jodi Sleeper-Triplett to set up this initial effort. We look forward to sharing our process and experiences with ACTO members to support affinity groups in your organizations.

To begin our work, we recommended these books for an Inquiry to Whiteness:

- 1. White Fragility: Why It's So Hard for White People to Talk about Racism , by Robin DiAngelo (2018)
- 2. How to Be an Antiracist by Ibram X. Kendi (2019)
- 3. *Mindful of Race: Transforming Racism from the Inside Out*. by Ruth King (2018)
- 4. White Like Me: Reflections on Race from a Privileged Son by Tim Wise(2004)

Welcome New ACTO Members and Board Members!

ACTO grew by five members in the month of August. We are delighted to welcome: 1) Neuro Strategic Coaching Institute (USA); 2) CoachCompanion of Scandinavia (Sweden); 3) High Conflict Divorce Coach Certification Program (USA); 4) Integral Leadership Dynamics Itd (UK); and 5) Montgomery College (USA).

ACTO also elected two new board members in its first open election that involved its entire membership, virtually, to fill two vacant seats on its board of directors. Held from **August 27 to September 1** the election resulted in the following new board members.



Lee Coffee, PCC has more than 30 years' experience in educating, coaching, and facilitating experiential leadership development. He served 24 years of Active Federal Service in the U.S. Army, also serving as the antiracism/anti-sexism advisor to a Two-Star General. His work involves Anti-racism, social justice, Unconscious Bias, Spirituality and LGBTQI Diversity and Inclusion in Healthcare.

Jim Smith, PCC, NCOC[™], BCC, NBC-HWC is The Executive Happiness Coach®, a global executive coach, author, international speaker, and troublemaker. Drawing on his 20+ years of executive experience, Jim has coached leaders from 30 countries and six continents. Jim is a cofounder and past president of the ICF Cleveland Chapter and has served on many professional boards. He serves as a mentor coach and/or trainer for three ACTP Schools in the US and Singapore.

Time to Get Involved and get ACTO Volunteer Perks!

The ACTO Board continues to refine our committee structure and set strategic initiatives for the year, we welcome your input and encourage you to <u>become an ACTO volunteer</u> to impact positive change in the field of coach education. Our board has approved supporting all non-member volunteers by offering complementary access to our monthly forums. Additionally, <u>all volunteers</u> will receive a discount to the annual ACTO Conference.

September English Forum

Topic: Trauma-Informed Coaching: What is it and why does it need to be included in coach training programs? This forum is FREE for members. Members must login to access the Member Registration link. CCE approval pending.

Presenter: Nancy Forrester, MBA, B.Ed., B.Sc.

Date: September 23, 2020, 8AM PDT/11AM EDT



October English Forum

Topic: Conscious and Deep Listening Practices This forum is FREE for members. Members must login to access the Member Registration link. CCE approval pending.

REGISTER NOW

Presenter: Tijen Genco, MCC, NBC-HWC

Date: October 28, 2020, 8AM PDT/11AM EDT



October Spanish Forum

Tema: Que se anunciará

Presentador: Que se anunciará

Fecha: 21 de octubre de 2020, 3pm CEST/9am EDT

Conference information

The **2020 Conference Recordings** are now available to those who were unable to attend and we are offering the entire 5 days of learning for \$199 USD. All handouts and slides are also included. Access to the Conference Showcase will expire December 31, 2020. <u>Purchase Now.</u>

REGISTRATION IS NOW OPEN for the 2021 Conference! June 14-16, 2021 | Alexandria, VA USA

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