

The community for professionals who bring coach training to aspiring coaches around the world

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ACTO News - Connecting Coach Trainers Worldwide

December 2019

Newsletter available in Spanish Boletín disponible en español

For Spanish language version, <u>click here</u>. Para la versión en español, haga <u>clic aquí</u>.

President's message

Coaching Santa Claus

I woke up this morning and for some reason, I began thinking about Santa Claus and all he has on his plate this month ... aside from cookies! Then I started to wonder if Santa Claus has a coach. You know, someone to cheer him on as the season of giving approaches? Santa needs motivation just like the rest of us, especially during stressful, busy times. He is certainly a good manager, organizing all the elves to do their jobs with clear instructions and no worries about getting "sacked" for poor performance. They are a great team and great teams have great coaches!



What would it take for you to become Santa's coach?

- 1. A desire to make a difference in the lives of others
- 2. Empathy, patience and a solid educational foundation
- 3. Quality coach training and mentoring
- 4. Skills to work with busy individuals and teams
- 5. Experience in coaching for change
- 6. Availability to coach Santa in December
- 7. Confidence in yourself and in your coaching ability
- 8. The ability to laugh and be jolly!

To all my friends and colleagues in the ACTO community and beyond, I wish you peace, joy and laughter during this holiday season and in the new year!

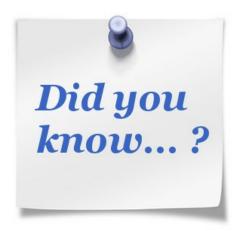
Warmly,

Jodi

President and 2020 Conference Co-chair

P.S. If your membership is up for renewal in the next little while, watch for an email with details to renew. We have exciting things planned and look forward to

welcoming you back for another year! Renew now to take advantage of all that ACTO has to offer.



Exciting news from the ACTO Conference Committee

The Intent to Submit a Proposal and the RFP Guidelines and Application for the 2020 Conference are now available online!!



Share your wisdom and passion for coach education with proposals that address issues and trends in coach education and are reflective of our Conference theme, Re-Imagining Coach Education: Exploring Diversity, Equity & Inclusion.

10 Reasons to Present at the ACTO 2020 Conference

January English Forum

Topic: Getting Naked (with your Clothes on) Going Deeper in Coaching Conversations.

This forum is FREE for members. Members must login to access the Member Registration link CCE approval pending

Presenter: Dr. Patrick Williams, MCC

Date: Jan 22, 2020, 8AM PST/11AM EST



Curiosity is the secret sauce in great coaching and great living...This Getting Naked approach is to get beneath the obvious and that which is easily shared or brought to consciousness...This is about Courageous vulnerability modeled by the coach and evoked from the client. the focus in emotional learning and sharing what holds or has held one back. with the coach as a committed listener and the client achieving trust and intimacy, things can be

shared and transformed that may not be comfortably shared elsewhere. If we are going to teach EQ, the we need to do something with the Emotional intelligence that is discovered.

Getting Naked (with your clothes on) will demonstrate and offer clear ways to incorporate appropriate self-disclosure in coaching. Leading to truly authentic conversations, you will learn how to 'go deeper' or under the surface assisting the client in sharing 'naked truths' about wants, blocks, challenges, and help them say what they have not said and think what they have not thought and increase awareness by sharing with you the coach what they may not be comfortable sharing with others.

All of this is to lead to emotional learning and increased awareness, leading to optimal living for the client.

Coaches will also discern how much they should self-disclose and when is it helpful. A look at current research and essays by leading corporations will be shared about this process of courageous vulnerability and the power of transparency and honesty at the right time, place and with the right person.



January Spanish Forum

Tema: Más allá de la visión - GRATIS para los miembros y no miembros. CCE approval pending.

Presentador: Johana Alvarado (PCC)

Fecha: 15 de enero de 2020, 3pm CET/9am EST

Hacer una exploración a partir de la metáfora qué hay en el título de esta presentacion.

hay algo más allá de lo que puedes ver, oler, degustar y palpar.

El poder de la presencia te permite ir más allá de lo que puedes imaginar.

lo que creo se convierte en aquello que puedo crear.

La confianza absoluta en las personas y sus múltiples capacidades permiten desde un diálogo interno hacer preguntas que generen direcciones de éxito. cuando dar El Paso al vacío es tu mejor opción.

La intuición es una llave que abre puertas para caminar en terrenos desconocidos que generan múltiples aprendizajes que nunca pueden olvidarse.

Mantén tu rostro hacia la luz del sol y no verás la sombra. Helen Keller

Registrate ahora

Share Your Stories with the Ethics Committee

This is the time of year to reminisce and share stories. What challenging ethical

situations have you experienced in your coaching and coach training? Send them to me at cathy@coachcert.com and we will share with our members.
Cathy Liska Treasurer and Ethics Chair
JOIN ACTO
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Join us in making a difference!
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