

The community for professionals who bring coach training to aspiring coaches around the world

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#### Inside This Issue:

President's Message
Committee Updates
October English Forum
October Spanish Forum
ICF Updates
Join ACTO

### ACTO News - Connecting Coach Trainers Worldwide

September 2019

Newsletter available in Spanish Boletín disponible en español

For Spanish language version, <u>click here</u>. Para la versión en español, haga <u>clic aquí</u>.

# President's message

### **Courageous Conversations**

Have you ever been in a conversation with a trusted colleague or friend and held back from starting a dialogue about a sensitive topic? You trust the person but this is uncharted territory and the last thing you want to do is damage your relationship. Instead of creating an opportunity for dialogue, you choose to say nothing and feel a sense of relief in not going "there." Initiating a dialogue on a sensitive topic requires skill, self-confidence and trust. Humility is also a valuable



skill. As coach trainers, we have knowledge and skill to help our students learn how to establish trust and intimacy with clients and to build their coaching skills for greater self-confidence.

What I am wondering is if we, coach trainers, have the awareness, exposure and skills to engage in the crucial conversations about race, sexual orientation, white privilege and disabilities with our students, colleagues and friends? Can you imagine being a coach trainer and never having been coached? And, would you want to be in training with a facilitator who is unwilling, or unskilled at how to speak up when another student makes a racist comment? I know that I would not want to be in the front of that room without the skills to have a crucial conversation with the group. As Ugo Ojike shared in her presentation, Colour Brave - how to start courageous conversations about race, we want to work in "a place where people feel safe to bring their whole selves to work."

The ACTO Conference in Victoria provided a deep dive into issues of diversity, equity, inclusion and belonging. As coach trainers, and as humans, we need to learn and espouse best practices as we strive to provide a learning environment that is accepting of all students, while initiating courageous conversations along the way. The ACTO board is actively engaged in our own courageous conversations. How can we support your school as you initiate and continue to do this work? I look forward to hearing from you. Please email me at

#### president@actoonline.org.

With gratitude, Jodi

## **Committee Updates**

**ACTO needs you!** Please volunteer to help YOUR association continue to support quality coach education. Take a look at our <u>committees and goals</u> for this year. Find one, or two, that pique your interest? Contact us at <u>acto@actoonline.org</u>.

#### **Conference Committee:**

The Conference Committee is gathering feedback from ACTO members and from attendees of the 2019 conference to help us finalize the theme and direction of the 2020 Conference in Alexandria, VA. Please send your feedback, wishlist and ideas to us at <a href="mailto:president@actoonline.org">president@actoonline.org</a>.

### <u>Diversity, Power, Privilege, Rank & Culture (DPPRC) Committee:</u>

The DPPRC Committee will be issuing a very important **SURVEY** within the next 2 weeks to obtain your insights and feedback on the Conference, the <u>ACTO Stand</u>, and more. Please keep your eyes on your Inbox for this opportunity to contribute to our future direction!!

We will also be launching an online platform for you to participate, add resources, write or link articles, comments, questions, make requests and more in the realm of Diversity, Equity, Inclusion and Belonging. Watch for this much-anticipated opportunity for our ACTO community to provide support, engage in the conversations and share information that are the hallmarks of our community.

# **October English Forum**

Topic: Coaching Humans: Connecting with Transgender, Non-Binary, and Gender Non-Conforming People This forum is FREE for members. Members must login to access the Member Registration link CCE approval pending



**Presenter:** Jay Pryor

Date: Oct 23, 2019, 8AM PDT/11AM EDT

To coach is to connect, so how do we establish trust with coaches and clients when feeling nervous about our own understanding of transgender, non-binary, and gender non-confirming language and experiences? What does it mean to connect with a human being beyond gender expectations and roles society imprints on us? How can we educate fellow coaches on the topic beyond the buzzwords? This talk is designed to have audiences notice their own assumptions about sex and gender and leave with new insights on awareness, communicating, and listening. Jay's openness and humor about their own experience as a trans non-binary person creates a safe space for people to discuss and ask questions.



## **October Spanish Forum**

Tema: Formar en Coaching y enseñar/aprender los marcadores PCC ¿Como nos apañamos? - GRATIS para los miembros y no miembros. CCE approval pending.

Presentador: ALFONSO MEDINA, MCC ICF

Fecha: 16 de octubre de 2019, 3pm CEST/9am EDT

Mi intención es tener una conversación con los participantes sobre cómo manejar el reto de formar en el espíritu y las cualidades del coaching de excelencia y, al mismo tiempo, enseñar y ayudar a entender los indicadores comportamentales (PCC Markers) que deben expresarse y demostrarse en las grabaciones que se presentan para los exámenes. Cualidades del coaching que la mayoría reconocemos (como capacidad de conectar, flexibilidad, actitud de no saber, vulnerabilidad y fluir) resultan difíciles de definir y por ende, incorporar en una lista de indicadores comportamentales. Así que, el reto de definir un discurso, una estructura de programa y una metodología coherentes y adecuados para ambos propósitos está servido para los formadores.



## **ICF Updates**

The <u>PCC Marker Supplemental Training</u> is up and running for anyone that has already completed the PCC Marker training. This is a great opportunity to refresh your learning and stay up to date with resources and practice.

Features to note:

- it is presented as an asynchronous learning opportunity; you can access and learn on your own schedule
- the training includes videos for each competency area, to clarify and interpret the interpretation of the markers

### **JOIN ACTO**

Ready to become an ACTO member or renew a lapsed membership?

Join us in making a difference!

### JOIN ACTO NOW

Learn more at: www.actoonline.org

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